

NATIONAL INSTITUTE OF HEALTH SCIENCE & RESEARCH

PROSPECTUS

**Head Office:**

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MESSAGE

FROM THE DESK OF PRESIDENT



Healthcare in India is expanding rapidly. Modern government hospitals, nursing homes, and diagnostic laboratories are now operational in nearly every city and are equipped with advanced technology and imported equipment.

However, there is a significant shortage of skilled technicians capable of operating and maintaining these sophisticated systems. Due to the limited number of high-quality training institutes, many positions are filled by untrained staff, who learn gradually on the job—a process that meets only a fraction of the actual demand.

Recognizing this urgent need, the National Institute of Health Science & Research (NIHSR) has taken the initiative to provide comprehensive, hands-on training in a wide range of paramedical fields. Our mission is to prepare well-qualified, competent, and confident healthcare professionals who can serve in hospitals, laboratories, and other healthcare facilities across India and abroad.

We invite aspiring students to explore the diverse paramedical programmes offered by NIHSR and select the area that aligns with their career goals and personal interests.

**Dr. R.S. Mathur, President,
National Institute of Health Science Research, New Delhi**

RECOGNITION & ACCREDITATION

(MANAGED BY:- SHREE GHASI BABA HEALTH
EDUCATIONAL-SOCIETY)

- Autonomous Institute: Registered under the Societies Registration Act XXI of 1860, Government of India, NCT of Delhi.
- Academic Authority: Conducts examinations, issues guidelines, prepares syllabi, declares results, and designs programs in Paramedical Technology, Yoga & Naturopathy, Yoga Education, Ayurvedic and Homoeopathic Courses. Grants affiliations to institutes, provides diplomas, and registers successful students.
- Trademark: Registered under the Trade Marks Act, 1999, vide TMA No. 2153333.
- ISO Certification: ISO 9001:2008 Certified Institution.
- PAN: AABAN8213E
- Infrastructure: Own hospital for practical training; fully equipped theory classrooms.
- Government Recognition: Registered by the Ministry of Human Resource Development (MHRD), Government of India, under Copyright Act 1957, vide No. 5117/2016-CO/L.
- Professional Membership: Life Member of the Ayush Doctors & Paramedical Association.
- Management: Managed by Shree Ghasi Baba Health Educational Society.

VISION

The National Institute of Health Science & Research (NIHSR) aspires to be a leading global institute of healthcare education, recognized for academic excellence, innovation, and practical training. We aim to create a nurturing environment where students from all socio-economic backgrounds, particularly those from disadvantaged communities, can pursue high-quality education and acquire the skills necessary for a successful healthcare career.

Our vision includes:

- Equipping healthcare professionals with knowledge, technical skills, and ethical values to serve communities effectively.
- Fostering research, innovation, and development in the fields of Paramedical Technology, Yoga, Naturopathy, and allied healthcare disciplines.
- Promoting inclusive and equitable healthcare access to all segments of society.
- Building a workforce capable of meeting the evolving global healthcare needs with compassion, integrity, and professionalism.

MISSION

NIHSR is committed to developing skilled healthcare professionals capable of delivering high-quality care across diverse healthcare settings. Our mission includes:

- Delivering a comprehensive curriculum combining theory, practical training, and clinical exposure.
- Ensuring students graduate with strong ethical values, professionalism, and empathy.
- Facilitating employment opportunities and entrepreneurship for graduates in the healthcare sector.
- Conducting research and innovation to improve patient care and healthcare systems.
- Engaging with communities to provide medical aid and health education, particularly in rural and underserved areas.

AIMS & OBJECTIVES

The primary aims of NIHSR are to:

- Promote and advance the science and practice of Yoga, Naturopathy, and Paramedical Technology.
- Establish, monitor, and oversee examinations and certification for affiliated institutes and colleges.
- Maintain a uniform code of conduct and practitioner registration system to uphold high standards in healthcare education.
- Facilitate medical aid and healthcare services in rural and underserved areas to improve access and outcomes.
- Provide practical training and skill development for unemployed youth, and support self-employment ventures in healthcare.
- Encourage research, innovation, and continuous professional development among students and staff.
- Promote community health awareness and preventive healthcare education.
- Prepare graduates to be ethical, compassionate, and competent professionals who can contribute positively to the global healthcare sector.

ACADEMIC PROGRAMMES

S.NO	COURSE NAME	ELIGIBILITY	DURATION
1	Certificate in Medical Lab Technology (C.M.L.T.)	12th	1 year
2	Diploma in Medical Lab Technology (D.M.L.T.)	12th	2 years
3	Diploma in Physiotherapy (D.P.T.)	12th	2 years
4	Diploma in Naturopathy (N.D.)	10th	1 year
5	Diploma in Naturopathy & Yogic Science (D.N.Y.S.)	12th	3½ years
6	Diploma in Yoga Education (D.Y.Ed.)	12th	1 year
7	Diploma in Ayurvedic Pharmacy (D.A.P.)	12th	2 years
8	Diploma in Medical Radiography Technology (D.M.R.T.)	12th	2 years
9	Diploma in Cath-Lab Technology (D.C.L.T.)	12th	2 years
10	Diploma in Nursing Assistant (D.N.A.)	12th	2 years
11	Diploma in Dialysis Technician (D.D.T.)	12th	2 years
12	Diploma in Dental Lab Technician (D.D.L.T.)	12th	2 years
13	Diploma in Panchkarma & Massage Therapy (D.P.M.T.)	Graduation in Medical	2 years
14	Diploma in Beauty Technician (D.B.T.)	12th	1 year

DATE OF EXAMINATIONS

1. The dates of all examinations shall be fixed by the Institute in accordance with the relevant examination ordinances and academic calendar.
2. The Institute conducts two main examinations each year:
3. Annual Examination – typically held in December or March.
4. Bi-Annual Examination – typically held in August or September.
5. Students are expected to confirm their examination schedules in advance and ensure timely submission of examination forms and fees.

APPOINTMENT OF EXAMINERS

1. **Appointment by the Institute**

- Examiners for the Institute's examinations shall be officially appointed by the Institute. In exceptional circumstances where immediate action is required, the Chairman reserves the right to directly appoint examiners.

2. **Recommendation Process**

- A dedicated Examination Committee shall recommend names for examiner appointments from the approved list maintained by the Institute.
- Preference shall be given to qualified educators, Centre Superintendents, Principals, and Heads of affiliated institutions.
- The Chairman retains the authority to overrule the Committee's recommendations, ensuring that the most competent examiners are appointed for each examination.

CONDUCT OF EXAMINATIONS

1. Appointment of Inspectors

The Institute shall appoint Inspectors for each examination centre and provide all necessary guidelines to ensure smooth and fair conduct of examinations.

2. Question Papers

- Question papers shall be printed or duplicated at a time determined by the Chairman.
- All papers shall remain strictly confidential until the commencement of the examination.

3. Pre-Examination Materials

Before the start of each examination, the Chairman shall forward to the Officer-in-Charge of each centre:

- Theory attendance sheets.
- Any other materials required for the proper conduct of the examinations.

4. Submission of Answer Books

All answer books related to written examinations shall be collected by the Officer-in-Charge and forwarded to the Chairman promptly and securely.

5. Guidelines for Examiners

The Chairman shall issue formal guidelines to all examiners, including:

- Instructions for evaluation.
- Standardized formats for recording marks.
- Confidentiality protocols to maintain the integrity of the examination process.

6. Invigilation and Additional Staff

- Invigilators shall be appointed in accordance with the Institute's rules.
- The Chairman shall appoint a Theory Superintendent for each centre.
- Any additional staff, including accompanists or other personnel required for practical examinations, shall be arranged by the Centre Superintendent at their own expense.

PREPARATION AND PUBLICATION OF RESULTS

1. Result Compilation

A Special Examination Committee comprising approved staff members shall be responsible for preparing and publishing examination results.

2. Prohibition of Preferential Influence

Any attempt by a candidate or associated personnel to secure preferential treatment in examinations will result in immediate disqualification and may lead to further disciplinary action.

FIXATION OF EXAMINATION CENTRES

1. Authority of the Institute

All examination centres for annual and bi-annual examinations shall be fixed by the Institute annually. The Institute retains exclusive rights to approve examination centres, and unsolicited correspondence regarding this matter will not be entertained.

2. Approved Centres Only

- Examinations must only be conducted at centres officially approved by the Institute.
- Practical examinations may not be conducted at unapproved locations.
- Sub-centres are generally not permitted; exceptions may be allowed if:

The sub-centre agrees to cover the T.A. and D.A. of examiners.

The number of students at the sub-centre is fewer than 40.

- Requests for sub-centres must be submitted at least one month prior to the examination date.

3. Application Process

Examination centres shall be established at various locations based on applications submitted in the prescribed form, issued by the Institute from time to time.

CENTRAL EXAMINATION RULES

1. Notification of Examination Dates

Examination dates will be formally communicated to Centre Superintendents, who are responsible for informing students. The Institute shall not be held liable for students who remain uninformed.

2. Language of Question Papers

- Question papers will primarily be in English.
- Candidates may answer in the language indicated in their examination application.

3. Delivery and Opening of Papers

- Sealed question papers will be sent well in advance.
- If not received on time, the Centre Superintendent must immediately notify the Chairman.
- Papers shall only be opened at the stipulated time in the presence of the Superintendent and three responsible local individuals, of whom at least three must sign the envelope.

4. Collection and Dispatch of Answer Books

Answer books shall be collected, placed in a cloth cover, sealed, signed, and sent to the Chairman under strict supervision.

5. Examination Facilities

The Centre Superintendent shall ensure:

- Proper hall arrangements with tables and seating for written examinations.
- Necessary equipment for practical examinations (e.g., tables, tempura, drummer, etc.).
- All expenses for facilities shall be borne by the individual centre.

6. Support for Special Candidates

Superintendents shall arrange writers for blind or physically handicapped candidates.

- Remuneration for the writer shall be paid by the candidate.
- Attested passport-size photographs and qualifications of writers must be sent to the Institute for verification.

7. Inspection of Centres

The Institute may appoint Inspectors to visit any examination centre and submit inspection reports. Full cooperation from the Centre Superintendent is mandatory.

8. Superintendent Responsibilities

Centre Superintendents are fully responsible for the successful conduct of examinations. Any negligence or irresponsibility will result in appropriate action, and the Institute's decision will be final.

9. Complaints

- Complaints must be lodged with the Chairman within 15 days of the examination commencement.
- Only signed and complete complaints with full address shall be considered.
- Anonymous complaints will not be entertained.
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10. Travel Allowance (T.A.) & Daily Allowance (D.A.) Claims

- All claims must be submitted within 40 days post-examination.
- Payments will be made in November/December, and late claims will not be entertained.

11. Change of Examination Centre

- Normally, changes are not permitted.
- Exceptional requests must reach the Chairman at least 10 days before the examination.
- A fee of ₹20 will be charged for each approved change.

12. Unfair Practices

- If a centre is found violating examination norms, results may be annulled.
- Candidates using unfair means may be expelled and debarred for a period determined by the Institute.

13. Rectification of Results

- Corrected results received after one month from declaration will not be entertained.

14. Grace Marks

- If a candidate falls short by one mark in aggregate, one grace mark may be awarded provided the candidate has passed theory and practical separately.

CANCELLATION OF CERTIFICATE

1. Invalid Certificates

If a candidate obtains a diploma or certificate they were not entitled to, the Institute has the right to cancel the certificate at any time.

2. Duplicate or Incorrect Certificates

If two certificates of different divisions for the same class, subject, or session are issued inadvertently, the Executive Board may declare the incorrect certificate invalid.

3. Retention of Records

Except for the Examination Register, all answer books and marks-related documents will be destroyed or disposed of six months after result declaration.

EXAMINATION FEES

1. Payment of Fees

- Each candidate must pay the prescribed examination fee along with the examination form.
- Fees are subject to revision; students must refer to the latest Fee Structure List before payment.

2. Foreign Candidates

- Candidates from foreign countries will be charged examination fees as determined by the Institute from time to time.

NOTE:

In the case of Foreign Countries the Examination fees for various grades of examination shall be charged as fixed by the institute from time to time.

DUPLICATE COPY OF ORIGINAL CERTIFICATE

- In case of loss of the original certificate, candidates must submit an application accompanied by an affidavit attested by an Oath Commissioner.
- The fee for a duplicate certificate is ₹100 per certificate.



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(Punjab), INDIA
Mobile: +91-92176-03232, +91-93168-50388
Email: nihsr_2001@yahoo.com
Website: http://www.nihsr.com

ADMISSION FORM

INSTRUCTIONS

1. Form should be filled in Block Capital Letters in English Language with Blue ink only by the Applicant.
2. Incomplete application form will be rejected without any further communication.
3. Filling of the Admission form does not guarantee the acceptance of request for admission.

Paste passport size
photograph of
applicant.
2 Identical
photographs along
with the Admission
Form

Signature of the Applicant

COURSE APPLIED FOR _____

SPECIALIZATION _____

SESSION _____ AADHAAR NO.

(As per Secondary/ Senior Secondary Certificate)

NAME OF APPLICANT _____

DATE OF BIRTH DD MM YYYY GENDER MALE ☐ FEMALE ☐ OTHERS ☐

FATHER'S NAME _____

FATHER'S OCCUPATION _____ MOBILE NO. _____

MOTHER'S NAME _____

MOTHER'S OCCUPATION _____ MOBILE NO. _____

NATIONALITY INDIAN ☐ OTHERS ☐ (specify the name of the country) _____ RELIGION _____

CATEGORY GENERAL ☐ OBC ☐ SC ☐ ST ☐ DIVYANGJAN ☐

BLOOD GROUP _____ MARITAL STATUS _____

EMPLOYMENT GOVT. EMPLOYEE ☐ PVT. EMPLOYEE ☐ SELF EMPLOYED ☐ UNEMPLOYED ☐ OTHERS ☐

PERMANENT ADDRESS _____ CORRESPONDENCE ADDRESS _____

PIN CODE _____ PIN CODE _____

CITY _____ STATE _____ CITY _____ STATE _____

E-MAIL _____ E-MAIL _____

MOBILE NO. MOBILE NO.

Any change in address should be immediately communicated to the Institute.

HAVE YOU EVER BEEN DEBARRED BY ANY UNIVERSITY / BOARD ? YES ☐ NO ☐

If yes, then attach the details of the same.

Signature of the Applicant

Academic Details (enclose self attested photocopies of the originals)

S.No.	Name of Examination	Roll No	Semester/ Year	Name of University/ Institution / Board	% / CGPA

Work Experience Details (Furnish Latest two details) and submit work experience certificate

S.No.	Name and Address of the Organization	Total Experience in Years

LIST OF DOCUMENTS (SELF ATTESTED) TO BE SUBMITTED

1. All Previous Qualification Certificates
2. Identity Proof (With Photo)
3. Address Proof
4. Caste Certificate (if Applicable)
5. Aadhaar Card

DECLARATION BY THE APPLICANT

I have read and understood the rules and regulations if the include and satisfied myself that I fulfill the eligibility conditions as laid down in the prospectus. I have furnished necessary information/document(s) correctly. I shall submit any other document(s) that may be required in the future. I understand that my candidature is liable to be cancelled by the institute. If the information/document(s) submitted herewith is found incorrect or mis-leading. Further the Institute to take appropriate action which shall be acceptable to me. in future also. If any information is submitted by me is found incorrect, the institute has the authority to cancel the degree/diploma at any time. I understand that the fees once paid will not be refunded/adjusted. Any dispute will subject to Ludhiana jurisdiction.

Date:

Place :

Signature of the Applicant**DECLARATION BY THE APPLICANT (in Case of Lateral Entry)**

I hereby declare that I have already completed the formalities for.....year(s) of (Course Title).....
.....fromand agree to appear in
year(s) of examinations and also previous years mismatched paper, if any.

Date:

Place :

Signature of the Applicant



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