

National Institute of Health Science & Research
DATE SHEET FOR B.Y.N.S. 2ND YEAR
MARCH-2023

Sr. No	Day & Date	Subject	Max Marks
1	Monday 13/03/2023	Anatomy & Physiology	100
2	Tuesday 14/03/2023	Yoga Literature Hath Yoga & Patanjali Yoga Sutras	100
3	Wednesday 15/03/2023	Naturopathy	100
4	Thursday 16/03/2023	Advance Asans Methode and Praticce	100
5	Friday 17/03/2023	Bandhas, Kriyas and Mudras	100
6	Saturday 18/03/2023	Teaching Methods and Yogic Diet & Practice	100
7	Monday 20/03/2023	Practical	100
8	Tuesday 21/03/2023	Internal assement	50
9	Thursday 23/03/2023	Viva Voice.	50

Timing: - 11:00 A.M To 2:00 P.M

Controller of Exam

